

Directory of faith based projects

Tackling Poverty in Dundee

Compiled by Faith in Community Dundee
Updated July 2014



Forward

Faith in Community Dundee works to address the high levels of poverty and social exclusion which are a historic feature of some communities in Dundee.

We believe that faith groups are well placed to make a difference with commitment, resources and local knowledge. We work with them, helping to build their capacity so that they can tackle poverty in the most deprived parts of Dundee.

In the years we have been working in Dundee we have come across many informal initiatives and organised projects that have been started and are run by faith groups. These are making a big difference to the lives of people living in Dundee's poorest communities. This Directory provides up to date, accurate information about projects run by faith groups in Dundee.

We hope that the Directory will be used in a number of ways. Firstly to inform people about what faith groups are doing to tackle poverty in the City. And secondly in helping faith groups themselves to understand what else is being done in their area and across the city so that they can learn from others or support particular initiatives.

While we have tried to be as thorough as possible we recognise that there may be other projects that we do not know about yet. If you identify a project that we have not included please do not let us know (contact details below).

If you are a faith community that is looking to do something to tackle poverty and exclusion in Dundee's poorest communities then please do get in touch. Or you may already be doing something but would welcome a bit of support. Either way we would be delighted to discuss with you what support we could offer your group.

Finally a big thank you to all of the groups that have provided information about their project for this directory.

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Contents-Alphabetical

Forward.....	2
Contents-Alphabetical	3
Contents by Dundee Ward.....	5
Coldside Ward.....	5
East End Ward.....	5
Lochee Ward	5
Maryfield Ward.....	5
North East Ward	5
Strathmartine Ward.....	5
The Ferry Ward	6
West End Ward	6
Located across the city.....	6
Amina - Muslim Women’s Resource Centre (MWRC)	7
The Aspire Project.....	7
The Attic.....	8
Axis Forward Project (Crossreach)	8
Bus Stop Drop-In	9
CAP Debt Centre	10
Chalmers Ardler Child and Family Project	10
Christians Against Poverty (CAP) Money Course	11
Community Bridge.	12
Connect Youth Project	12
Cragiebank Association.....	12
Drop Inn Community Cafe	13
Dundee Food Bank.....	13
Eagles Wings Trust	14
Factory Skatepark	15
Food on Friday	16
Get-tae-Gether.....	16
The Giving Garden.....	16
Grahams Kitchen.....	17
Hot Chocolate Trust	18
Jericho House.....	18

Justice and Peace Group	19
Listening Service for Muslim Men.....	19
Mid Lin Day Care	20
MOPS (Mothers of Pre Schoolers)	20
Parish Nursing	21
Positive Steps	22
R.O.C.K Street Chaplains	22
RockSolid Youth Project.....	23
The Salvation Army	24
Signpost International.....	25
Society of St. Vincent de Paul (SVDP)	25
St. Andrews Family Support Project	26
Starter Packs Dundee.....	27
Stay and Play Family Support Group.....	27
St. Salvador’s Drop In.....	28
Tayside Hindu Cultural and Community Centre	28
Yusuf Youth Initiative (YYI).....	29

Contents by Dundee Ward

(Location of Project*)

Coldside Ward

Dundee Food Bank.....	13
Eagles Wings.....	14
Signpost International	25
St. Salvadors Drop In.....	28

East End Ward

Cragiebank Association.....	12
Dundee Food Bank	13
Factory Skate Park.....	15
Food on Friday.....	16
Mid-lin Day Care.....	20
Rock Solid Youth Project.....	23
Stay and Play Family Support Group.....	27

Lochee Ward

The Aspire Project.....	7
Connect Youth Project.....	12
Drop-Inn Community Cafe.....	13
Dundee Food Bank.....	13
Get-tae-gether.....	16
The Giving Garden.....	16
MOPS.....	20
The Salvation Army.....	24

Maryfield Ward

Axis Forward.....	8
Grahams Kitchen.....	17
Hot Chocolate Trust.....	18
Parish Nursing.....	21
R.O.C.K. Street Chaplains.....	22
The Salvation Army-Strathmore Lodge.....	24
St. Andrews Family Support Project.....	26

North East Ward

Strathmartine Ward

The Attic.....	8
Bus stop Drop-In.....	9
Chalmers Ardler Child and Family Project.....	10
Christians Against Poverty (CAP) Money Course.....	11
Dundee Food Bank.....	13

The Ferry Ward

West End Ward

Amina.....	7
Bus Stop Drop-In.....	9
CAP Debt Centre.....	10
Community Bridge.....	12
Jericho House.....	18
Justice and Peace Group.....	19
Listening Service for Muslim Men.....	19
Positive Steps.....	22
The Salvation Army-Burnside Mill.....	24
Starter Packs	27
Tayside Hindu Cultural and Community Centre.....	28
Yusuf Youth Initiative (YYI).....	29

Located across the city

Society of St. Vincent De Paul (SVDP).....	25
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*Please note that many of the projects listed as based in one ward may have people coming to them from other wards or from across the whole city. They may also take their services to other wards different to the one in which they are based.

Amina - Muslim Women's Resource Centre (MWRC)

Name of the faith community that it is linked to: The Muslim community

Aimed at: Muslim Women

Geographical area of Dundee that the project serves: City-wide

The project: Amina MWRC works with mainstream agencies and policy makers, to enhance their understanding of the Muslim community and of barriers that prevent Muslim women from accessing services and participating in society. We place the needs of Muslim women at the heart of our service by campaigning against negative stereotypes and violence against women; providing counselling and befriending services; running a cultural and faith-sensitive Scotland-wide helpline; providing short breaks for carers; skills and capacity building services. Our aim is to inspire Muslim women to fulfil their true potential.

Opening hours: The Freephone helpline is open Monday to Friday 10am to 4pm. Please contact Amina for information about other services.

Contact information:

Name: Kimberley Davidson

Address: Unit MF 6B, Old Mill Complex, Brown Street, Dundee, DD1 5EG

Phone: 01382 224687

Email: kimberley@mwrc.org.uk

Website: www.mwrc.org.uk

The Aspire Project

Name of the faith community that it is linked to: Run by St Peter's Free Church in Camperdown Parish Church Halls.

Aimed at: Children, parents and families

Geographical area of Dundee that the project serves: Charleston

The project: The Aspire Project is a project from St Peter's Free Church working with children, parents and families.

The Aspire Project runs 'Wee Rascals' which is a free weekly parent and toddler group for children under four and their parents. It includes toys, games and activities for the children as well as tea and coffee for the parents. "The Mix" is a weekly group for children aged 5-11. It includes games, crafts, a story from the Bible and a snack time. It costs 50p a week.

It also runs free summer holiday clubs for children aged 5-11 which includes games, crafts, dramas, a Bible story and a snack time each day. In addition to this children aged 9-11 can join our Activity Week which includes a trip out to a different exciting activity every day.

Opening hours: Wee Rascals runs 9.30-11.30am on Thursday and "The Mix" runs Tuesdays 6.30-8.00pm

Contact information:

Name: Izzy MacLeod

Address:

Phone: 07879 580066

Email: theaspireproject@outlook.com

Website:

The Attic

Name of the faith community that it is linked to: It is an independent Christian community

Aimed at: The local community

Geographical area of Dundee that the project serves: Kirkton

The project: The Attic moved to Kirkton from Hilltown in 2012. Although our heart still lies in children and youth work, we are now gradually focusing towards addressing the needs of the families and local community.

Our activities include running kids club for children aged 5-11 years, Clanz group for 11-16 year olds, a lunch club, a parent-toddler book bug group, and organizing camps and trips for young people. We also regularly interact with families through home visits and have initiated a community gardening project.

We recognize that community projects are built on valuing relationships with families, thus, we want to create a place for people to engage, access our services and use our space to encourage community development. Our activities are still developing with new ones in the planning stages.

Opening hours: The Attic Lounge is open 9.30am-5pm Monday, 9.30am-3.30pm Wednesday, Thursday, and 9.30am-4pm Friday.

Kidz Club runs on Mondays at Mains Halls 6.30-7.30pm

Clanz Youth meet on a Thursday evenings at The Attic Lounge 7.30-9pm

The Job Shop takes place at the Attic Lounge from 1.30-3.30pm on Fridays.

Parent and Toddler Group runs 10.30am-12.30pm Fridays.

A community lunch takes place every Friday 12.30-1.30pm.

Food bank distributes food from the Attic Lounge on Thursday afternoons.

Contact information:

Name: Bruce White

Address: The Attic, 2/4 Beaulieu Avenue, Dundee

Phone: 01382 884336

Email: theatticzone@yahoo.com

Website: <http://theattic.btck.co.uk/>

Axis Forward Project (Crossreach)

Name of the faith community that it is linked to: It is a project of Crossreach, which is the name of the Church of Scotland Social Care Council

Aimed at: People over the age of 16 who are willing and committed to move beyond drug misuse, who are currently drug free or stable on a substitute prescription and are wishing to build structure and stability into their lives

Geographical area of Dundee that the project serves: Dundee-wide

The project: Axis works with clients on an outreach basis helping them to access resources in their own communities. They also run relapse prevention groups, support groups and activities from the church hall. Referrals are taken from anyone over the age of 16 who lives in Dundee and who wishes to move on from drug misuse.

Opening hours: The project is open as follows

Monday 9am – 4pm

Tuesday 9am.-4pm

Wednesday 9am-4pm

Thursday 9am – 1pm

Friday 9am-4pm

Answer machine at all other times.

Contact information for anyone who wishes to find out more:

Name: Nan Boyd **Address:** The Gatehouse, Strathmore Lodge, 31 Ward Rd, DD1 1NG

Phone: 01382 322397 **Email:** nan.boyd@crossreach.org.uk

Website: <http://www.crossreach.org.uk/axis-forward-project>

Bus Stop Drop-In

Name of the faith community that it is linked to: Gate Church International

Aimed at: Men and Women aged 18-40 with addictions

Geographical area that the project serves: Based in the West End and St. Marys but offering support to people across the city of Dundee

The project: Bus Stop Ministry works with young men and women to overcome life-controlling addictions, offering physical, emotional and spiritual help. The Bus Stop runs a 'drop in' for men and women with addictions in the Gate Church coffee bar on Thursday evenings. It provides a hot meal and drinks, clothing, toiletries, first aid, and a place where addicts can get practical help.

We also use an adapted coffee bar bus to reach those who can't get into the centre of town. We visit St. Marys on a Wednesday evening and park the bus at Community Church, St. Kilda Road.

We offer information on a range of issues such as Homelessness, Drug addiction, Alcoholism, Prostitution, and we support in prayer all those we meet. We also signpost those aged 18-40 yrs who are looking to change their lives and break their addictions to free Christian Rehab Programs in Scotland.

Opening hours: The 'drop in' runs from 6.30pm-8pm on Thursday evenings. Bus Outreach takes place on Wednesdays from 7 - 9 pm at Community Church, St Kilda Rd, St Mary's.

Contact information:

Name: Fiamma Dobson

Address: Gate Church, 158 Perth Road, DD14JS.

Phone: 01382 221222

Email: fiamma-dobson@hotmail.co.uk

Website: <http://gatechurch.co.uk/community/community-action/bus-stop-drop-in/>

CAP Debt Centre

Name of the faith community that it is linked to: St. Peter's Free Church, Hillbank Evangelical Church, Grace Church, and Broughty Ferry Baptist Church.

Aimed at: People in the community who are struggling as a result of debt

Geographical area of Dundee that the project serves: Office in the West End, but serving people from across the city.

The project do: The project offers free debt help. It provides trained debt councillors, who work with people in their own homes to set a realistic budget that prioritises essential bills. They explain clearly the choices people have to work their way out of debt and together with church volunteers support them all through the process. CAP (Christians Against Poverty) negotiates affordable payments with each creditor and stops unfair interest and charges where possible. If someone chooses to work with CAP, then a CAP Account is set up for them which acts *like* a bank account that simplifies debt repayment, removing the pressure and stress by allowing CAP to manage any bills and repayments on the client's behalf. If someone is in severe debt, CAP can walk people through insolvency options. They will help people fill in forms and even attend court with them. The service is available to all, regardless of faith, age, gender, race disability or sexual orientation.

Opening hours: The Centre will be staffed on Tuesdays and Wednesdays 9am to 4.30pm and other times as appropriate.

Contact with staff by arrangement only.

Contact information:

Name: Chris Southwick, Centre Manager

Address: Dundee CAP Centre, St Peter's Church, 4 St Peter Street, Dundee, DD14JJ

Phone: 07784 192917 **New client contact:** 0800 328 0006 **Email:** dundee@capuk.org

Website <https://capuk.org>

Chalmers Ardler Child and Family Project

Name of the faith community that it is linked to: Chalmers Ardler Parish Church, Church of Scotland.

Aimed at: Young children and their carers

Geographical area that the project serves: Ardler and St. Marys

The project: Chalmers Ardler Child and Family project is now in its 23rd year. We are a community group open every morning to carers and their children. This ranges from parents to grandparents, child minders, foster carers and anyone looking after young children.

We offer play facilities and activities for the children at a very low cost and also workshops for the adults. We attract people from all walks of life from across the city, many of who are isolated and looking for ways to occupy both themselves and their children. We encourage our users to avail themselves of the outings we offer (theatre, play parks, soft play centres) and also attempt to give back to the community by holding coffee mornings and helping local charities. We work closely with the local community centre and library, and also the family centre.

Opening hours: The project is open to children and carers between the hours of 9-12pm Monday to Friday and a Thursday afternoon 1-3pm.

Contact information:

Name: Morag Blakeman

Address: Chalmers Ardler Parish Church, Turnberry Avenue, DD2 3TP.

Phone: 01382 858283

Email: info@chalmersardlerchurch.org

Website: www.chalmersardlerchurch.org

Christians Against Poverty (CAP) Money Course

Name of the faith community that it is linked to: Working in partnership with Chalmers Ardler Church and St. Marys Community Church

Aimed at: People interested in managing their family budgets better

Geographical area that the project serves: Ardler and St. Marys

The project: The CAP Money course is all about money management. It is a 3 session course which teaches people budgeting skills and is a simple system that really works. The course helps to get people more in control of their finances, so that they can save, live and prevent debt. The course has been devised by Christians Against Poverty and it has seen many successes with families and individual's lives being changed.

The course has been completed by both groups and individuals who are interested in managing their family budgets better.

Opening hours: No set hours, groups run on a first come first served basis.

Contact information:

Name: Mags Willis

Address: Chalmers Ardler Parish Church, Turnberry Avenue, DD2 3TP

Phone: 01382 858283

Email: magswillis@hotmail.com

Website: www.chalmersardlerchurch.org

Community Bridge.

Name of the faith community that it is linked to: City Church Dundee at The Friary

Aimed at: Local community members

Geographical area that the project serves: Lochee

The project: The Bridge at the Friary is a 'drop-in' service, offering an opportunity for the community to connect over toasties, tea and coffee on a Monday lunch time. It seeks to build community, promote social integration and provide support to individuals and families in need.

Opening hours: The Community Bridge takes place on Mondays from 11.00am-1.00pm.

Contact information:

Name: Kate Giblin

Address: The Friary, Tullideph Road, DD2 2PN

Phone: 660274

Email: Admin@Citychurchdundee.Org

Website:

http://citychurchdundee.org/Groups/172394/City_Church_Dundee/Community/The_Bridge/The_Bridge.aspx

Connect Youth Project

Name of the faith community that it is linked to: Menzieshill Parish Church

Aimed at: Young people aged P7 and above from the local community

Geographical area of Dundee that the project serves: Menzieshill

The project: The project runs an informal drop in for young people on a Saturday evening.

Opening hours: The youth group runs from 7.30pm to 9.00pm on Saturday evenings during term time.

Contact information:

Name: Bob Mallinson

Address: Menzieshill Parish Church, Charleston Drive, DD2 4BD

Phone: 01382 667446

Email: bobmalli1975@hotmail.co.uk

Website:

Craigiebank Association

Name of the faith community that it is linked to: Craigiebank Church of Scotland

Aimed at: The Craigiebank community

Geographical area that the project serves: Craigiebank

The project: The Craigiebank Association has the main aim of benefiting the Craigiebank community in Dundee by providing facilities for social welfare, recreation and other leisure-time occupations. In support of this aim, the Association's main objectives are:

- the day-to-day management of the buildings and grounds of Craigiebank Parish Church
- operation of a social programme for the local community and members of the Association
- improvement of the buildings and grounds for community use

Opening hours: n/a

Contact information:

Name: Gary Miller (Chairman)

Address: 16 Lochalsh Street, DD5 3HY

Phone: 01382 776843

Email: garymiller12@sky.com

Website: <http://www.craigiebankassociation.org.uk>

Drop Inn Community Cafe

Name of the faith community that it is linked to: Lochee Parish Church, Church of Scotland.

Aimed at: Local Community Members

Geographical area of Dundee that the project serves: Lochee

The project: The café offers food and a safe and friendly place for the local community to socialize on Tuesdays between 11 am and 1 pm and Sundays between 2 and 4 pm. It takes place in the Lochee Parish Church Hall. Free soup, toasties, tea and biscuits are provided by volunteers who also offer a 'listening ear'. More specialist support and information is provided by various agencies that attend the Café, including DHLI(Dundee Healthy Living Initiative), AXIS(Crossreach, Church of Scotland), ADACTION and Hillcrest Housing. Toys and a play area for children are also provided. All are welcome, including those who are struggling with substance misuse.

Opening hours: The cafe is open between 11am and 1pm on Tuesdays and 2pm and 4pm on Sundays.

Contact information:

Name: Rena Doig

Address: Lochee Parish Church, 191 High Street, DD2 3HG

Phone: 01382 610596

Email: renadoig@hotmail.com

Website:

Dundee Food Bank

Name of the faith community that it is linked to: Based in: Full Gospel Church, Menzieshill Parish Church, Chalmers Ardler Parish Church, St. Marys Community Church & The Attic Community.

We have received support and donations from a large number of churches across Dundee, spanning all denominations, and have also received donations and advice from the Central Mosque.

Aimed at: Crisis food provision for individuals and families experiencing financial hardship

Geographical area of Dundee that the project serves: City-wide

The project: Dundee Foodbank provides emergency food relief to individuals and families experiencing financial hardship within the City of Dundee. It also signposts people to appropriate services in order to ensure that the root cause of the issue is addressed.

Care professionals such as doctors, health visitors, benefits advisors, homelessness workers, social workers, CAB and police identify people in crisis and contact Dundee Foodbank to arrange a referral for a food parcel.

All food is donated by the public and sorted by volunteers. The service is a short-term means (provision of food and advice) to a long-term end (people emerging out of poverty). In the financial year 2012/13 nearly 3,400 individuals received assistance.

Opening hours: Office and Distribution Centre at Full Gospel Church: Open 10am to 4pm Monday to Friday

Distribution Centre at Menzieshill Parish Church: Open 1-4pm Monday, Wednesday, Friday

Distribution Centre at Chalmers Ardler Parish Church: Open 3-5pm Monday

Distribution Centre at St. Marys Community Church: Open 10am-12pm Wednesday

Distribution Centre at The Attic, Kirkton: Open 2-4 pm Thursday

Contact information:

Name: Dave Morris

Address: c/o Full Gospel Church, 58 Constitution Street, Dundee, DD3 6NE

Phone: 01382 226372

Email: dave@dundee.foodbank.org.uk

Website: <http://dundee.foodbank.org.uk/>

Eagles Wings Trust

Name of the faith community that it is linked to: Volunteers and staff are all evangelical Christians from a wide variety of Christian denominations across the city.

Aimed at: Individuals who are homeless or have an addiction

Geographical area of Dundee that the project serves: Working in the city centre and the Hilltown but serving people from across the city.

The project: The Eagles Wings Trust has a mobile kitchen four evenings a week on Bell Street Dundee serving soup, sandwiches, cereal, hot drinks, biscuits and fruit to around 30-50 men and women each night. Many come to talk and have someone to listen to them. Throughout the day the trust runs a drop in centre in the Hilltown and is involved in The Giving Garden project in Menzieshill. Eagles Wings aim to help in as many ways as possible; such as finding accommodation or rehabilitation centers; providing food; sleeping bags;

warm clothing, a listening ear and helping individuals who are searching to find inner peace with themselves and God.

Opening hours:

The soup kitchen is on Monday to Thursday, 7.30pm-9pm.

The Drop In is open Monday to Thursday, 12pm-2pm

Giving Garden: Thursday 9:30am -12pm, weather permitting.

Contact information:

Name: Mike Cordiner

Address: 213 Hilltown, Dundee, DD3 7AG

Phone: 01382 221429 **Mobile:** 07835 719491 **Email:** Info@EaglesWingsTrust.org.uk

Website: eagleswingstrust.org.uk

Factory Skatepark

Name of the faith community that it is linked to: It is an independent Christian Trust

Aimed at: Young people aged 5-14

Geographical area that the project serves: All of Dundee for sports facilities, and local young people for Homework Clubs, Youth Clubs etc

The project: The key aims of the project are to improve young people's self-worth, promote social inclusion, promote healthy lifestyle choices, and promote dynamic, responsible community

Skating, BMXing, inlineblading have long flourished in Dundee despite the lack of any real, official facilities. There have been three previous skateparks and The Gate Church facilitated a move to an inner city factory building. Now constituted as an organisation in its own right, it occupies an extensive purpose built facility at Douglasfield. As well as a skatepark and climbing wall, the premises also incorporates a cafe, sports shop and conference facilities.

Alongside the skatepark, the project runs a comprehensive range of youth support services. Youth clubs offer a variety of activities aimed at building young people's confidence and self-esteem. Homework clubs are run for primary school aged children and holiday clubs offer a mix of coaching in the skatepark and youth activities. It also runs IT for the elderly classes and an annual family fun day.

In 2012 the project opened The Fun Factory, a purpose built indoor soft play centre within the grounds of the skatepark.

Opening hours: The skatepark is open 7 days a week. See website for opening times.

The youth clubs take place on a Monday and Wednesday evenings from 6pm-8pm

Contact information:

Name: Derek Marshall

Address: The Factory Skatepark, 15 Balunie Drive, DD4 8PS

Phone: 01382 509586

Email: derekmarshall@factoryskatepark.com

Website: www.factoryskatepark.com www.funfactorydundee.com

Food on Friday

Name of the faith community that it is linked to: Douglas & Mid Craigie Parish Church

Aimed at: Families experiencing poverty, including those who are unemployed, have health issues or any form of addictions.

Geographical area of Dundee that the project serves: The community of the East End of Dundee

The project: The project acknowledges opportunities for growth within people. It works with families to bring positive changes to lifestyles. It does this by introducing cooking and gardening skills in a fun, supportive and safe environment to enhance physical and mental well-being.

Opening hours: N/A

Contact information for anyone who wishes to find out more:

Name: Anthea Reid **Address:** Douglas & Mid Craigie Church, Balbeggie Place, DD4 8RD

Phone: 07599 414062

Email: anthea.reidcpw@hotmail.co.uk

Website:

Get-tae-Gether

Name of the faith community that it is linked to: Lochee Parish Church

Aimed at: Older people in the Lochee community but we welcome all adults

Geographical area that the project serves: Lochee

The project: This is a new initiative (2013) which invites the local community for a free cuppa, a chat, and the opportunity to take part in activities every Friday between 2 and 4 pm. Activities include playing games like Dominoes, Scrabble and Cards; Knitting squares to make blankets or garments (that are sent to Blytheswood Care); and drawing taught by an artist every fortnight. It takes place in the Lochee Parish Church Hall.

Opening hours: Between 2pm and 4pm every Friday afternoon.

Contact information:

Name: Rena Doig

Address: Lochee Parish Church, 191 High Street, DD2 3HG

Phone:

Email: renadoig@hotmail.com

Website:

The Giving Garden

Name of the faith community that it is linked to: Menzieshill Parish Church

Aimed at: Local people struggling with low self-worth and confidence

Geographical area of Dundee that the project serves: Menzieshill

The project: The Giving Garden was started in 2012 as part of the Church's vision to reach out to the local community and offer a place of safety, encouragement and discipleship for those who are struggling with life issues, low self-worth and confidence.

The Giving Garden provides gardening opportunities and development opportunities for anyone wishing to volunteer. The two primary schools and nursery school are also involved with the garden and the development of soup recipes for soup packs that are given out. All the produce that is grown is distributed through the work of the Foodbank, providing fresh produce for those living in poverty.

The project is run in collaboration with the Dundee Foodbank, Eagles Wings Trust and Gowriehill Primary School.

Opening hours: N/A

Contact information:

Name: Bob Mallinson

Address: Menzieshill Parish Church, Charleston Drive, DD2 4BD

Phone: 01382 667446

Email: bobmalli1975@hotmail.co.uk

Website: <http://www.menzieshillparishchurch.org.uk/index.php?page=giving-garden>

Grahams Kitchen

Name of the faith community that it is linked to: Churches that provide meals include: St Paul's Cathedral, Edzell Parish Church, Church of Jesus Christ and Latter Day Saints Liff Road.

Aimed at: People who are hungry

Geographical area that the project serves: Takes place centrally but serves people from across the city

The project: Graham's Kitchen provides hot meals and drinks to the hungry people on the streets of Dundee on Saturday evenings every week. We care deeply about the service we provide and our ethos is not about only providing food but of treating the provision of food as if it was for our own family taking care of the quality of ingredients we use, the presentation and sometimes adding 'conversational' ingredients e.g. dark chocolate in the chilli! Occasionally, we also provide home-baked cakes and bread. Everything is done with care, concern and compassion seasoned with a touch of good humour and laughter.

The meals are provided by churches on a rotation basis.

Opening hours: The food is provided on Saturday evenings between 7.30pm and 9pm

Contact information:

Name: Bridget Gillies

Address: 2, Southardo Cottages, Brechin, DD9 7PU

Phone: 01356 624800

Email: bridgetgillies@inbox.com

Website:

Hot Chocolate Trust

Name of the faith community that it is linked to: The Steeple Church

Aimed at: Young people aged 12-21

Geographical area of Dundee that the project serves: Based in the City centre but welcoming young people from across the city.

The project: Hot Chocolate is a Youth Work organization, working with young people who hang out in the city centre. The grass outside the Steeple church has long been a meeting place for the city's young people, so in 2001, the church went out to meet them.

Today Hot Chocolate responds creatively to the needs of these young people. We don't 'put stuff on' for the young people, instead we support them to develop their own opportunities. Hot Chocolate aims to increase young people's self-esteem and self-knowledge by giving them multiple opportunities to express themselves creatively and explore their gifts and interests, from music and visual arts to faith and morality.

Some of the things that Hot chocolate offers include regular drop-ins, one-on-one support, music practice facilities, gigs, art workshops, filmmaking, sports, outdoor pursuits and 'Exodus', a three-week summer programme. Most importantly, Hot Chocolate is a place where the young people feel 'at home' and feel surrounded by 'family'.

Opening hours: Normal drop-in opening hours are Tuesdays 7pm-9pm, Wednesdays 7-9pm and Saturdays 2-5pm.

Contact information:

Name: Dave Close **Address:** Hot Chocolate Trust, The Steeple, Nethergate, Dundee

Phone: 01382 223 880

Email: dave@hotchocolate.org.uk

Website: www.hotchocolate.org.uk

Jericho House

Name of the faith community that it is linked to: The Jericho Society (A Christian Society)

Aimed at: Men, aged 18 years or over, with serious alcohol dependency.

Geographical area of Dundee that the project serves: City wide

The project: Jericho House Dundee is a purpose built accommodation comprising of 12 fully furnished one bedroom flats. There are also communal rooms; these are a meeting room, a games room, a TV room, a kitchen and a dining room.

We are a community of people who share their experience, strength and hope with each other in solving the problem of alcoholism. We use the 12 step approach towards sustainable recovery. We have a structured programme learned from experience. This consists of; one to ones with support staff, group working, regular visits to external 12 step groups, gratitude tasks, community work and a drama group (supported by the local

community). We fully support the health and wellbeing of our service users and refer out to other services appropriately. We have a committed staff team who have subjective experience in recovery from alcohol dependency. Staff also work with service users on an exit plan which sets out a structure that includes ongoing support.

Opening hours: Staff are on duty between 9am and 11pm and are available through the night for emergencies

Contact information:

Name: David McEnroy

Address: Jericho House, 36 Artillery Lane, DD1 1PE

Phone: 01382 223627

Email jerichohouse3@yahoo.co.uk (David) or dundee@jericho-addictionservices.co.uk

Website: <http://www.jericho-addictionservices.co.uk/jericho-dundee-alcohol/>

Justice and Peace Group

Name of the faith community that it is linked to: St. Joseph's Roman Catholic Church

Aimed at: People locally and abroad suffering from poverty injustice

Geographical area of Dundee that the project serves: City-wide

The project: St Joseph's Parish Justice and Peace group was founded thirty years ago by members of the parish to take forward the Vatican 2 call to act out the gospel values of justice and peace. Over the years we have campaigned in Dundee and through the Scottish Aid Agency, SCIAF (The Scottish Catholic International Aid Fund) to support communities across the world.

In Dundee we run a scheme to supply soup to homeless people supported by three local hotels, the Landmark, Queen's and the Apex. We have also supported other local groups that attempt to address poverty and social issues in the city.

We have also helped fund projects for communities in Africa, Asia and South America. Although small in number, our group has the support of our parish in our activities and with their financial and spiritual generosity we continue to attempt to act out Christ's teachings in today's world, at home and abroad.

Opening hours: N/A

Contact information:

Name: Nick Marra

Address:

Phone:

Email: marra.blackness@blueyonder.co.uk

Website:

Listening Service for Muslim Men

Name of the faith community that it is linked to: Muslim community

Aimed at: Muslim men that are struggling with any problem

Geographical area of Dundee that the project serves: City-wide; North Fife; South Angus

The project: This new service for Muslim men aims to help with any problem that affects their relationships with their wife, children or with extended family; issues with work or health; bullying or violence; or if they are concerned about drugs or bereavement.

This is a one-to-one service in a safe and confidential environment that helps by listening to issues and problems and helping to find a way to deal with them.

Opening hours: Please telephone to speak to a Helper

Contact information for anyone who wishes to find out more:

Name: Vali Hussein

Address:

Phone: 07432 322550

Email:

Website:

Mid Lin Day Care

Name of the faith community that it is linked to: St. Ninian's Episcopal Church, Mid Craigue Parish Church and St. Vincent's Roman Catholic Church

Aimed at: Older people

Geographical area of Dundee that the project serves: Based in Mid Craigue but serving the whole city

The project: Mid Lin Day Care was started to help to alleviate fear and loneliness among older people.

Mid Lin runs a day care service for older people. We offer a secure and happy environment for the clients. Each day they enjoy a nutritious three course lunch, various activities such as bingo, bowls, arts and crafts and companionship and support.

We aim to assist all our service users to maintain as independent a lifestyle as possible and enjoy a better quality of life.

Opening hours: Monday to Friday, 9am to 5pm

Contact information:

Name: Gwen Joubert (Manager)

Address: 59 Pitkerro Drive, Linlathen, DD4 8AT

Phone: 01382 506451

Email: officemidlin@yahoo.co.uk

Website: <http://www.midlin.btck.co.uk/>

MOPS (Mothers of Pre Schoolers)

Name of the faith community that it is linked to: A partnership between Menzieshill Parish Church and City Church Dundee

Aimed at: Mothers with young children

Geographical area of Dundee that the project serves: Menzieshill

The project: MOPS seeks to support mothers with young children. They meet every other Monday in term time and the children go into an organized crèche facility for two hours, to which there is a Christian and fun learning and development ethos. This gives the mothers some time out together to relax, chat and support one another. MOPS encourages mums to become the best they can, to realize their value, their worth and their importance in all that they do.

Opening hours: MOPS runs every other Monday

Contact information:

Name: Bob Mallinson

Address: Menzieshill Parish Church, Charleston Drive, DD2 4BD

Phone: 01382667446

Email: bobmalli1975@hotmail.co.uk

Website:

Parish Nursing

Name of the faith community that it is linked to: The Steeple Church

Aimed at: People who are homeless or in vulnerable housing situations

Geographical area that the project serves: Operates in the city centre but serves people from across the city.

The project: Parish Nurses are committed Christians and Registered Nurses who seek to integrate faith care into the health care that they provide. The project at The Steeple Church commenced in October 2008. The two Parish Nurses run outreach health clinics for people who are homeless or in vulnerable housing situations, in partnership with NHS Tayside's Health and Homeless Outreach Team. NHS Tayside's Community Dental Health Outreach team also attend to provide on-the-spot dental care. Some clothing, toiletries and towels are available to those who need them. There are close links with the City Council emergency housing team and many other agencies. Very importantly a group of volunteers from the Steeple and other churches provides lunch for those who come along. The Parish Nurses also offer free health checks to people in the surrounding community, in shops and offices.

When the need arises Parish Nurses may offer advice or support to people in the church congregation as well.

Parish Nursing is an international movement, started in the 1980's in the USA, and in the UK after 2003.

Opening hours: The drop in clinics run on Mondays and Thursdays from 2pm to 3.30pm.

Contact information:

Name: Barbara MacFarlane

Address: Parish Nursing, The Steeple Church, Nethergate, DD1 4DG

Phone: 01382 227350

Email: parishnurse@thesteeplechurch.org.uk

Website:

Positive Steps

Name of the faith community that it is linked to: Positive Steps is a Christian based organisation

Aimed at: Vulnerable adults living in the community

Geographical area of Dundee that the project serves: The services are city wide.

The project: Housing Support: Housing Support is there for people who are struggling to keep a roof over their heads. It is open to anyone regardless of housing type. We can help with such things as budgeting, housing issues, healthy eating, correspondence, or dealing with other agencies, developing housekeeping skills.

Flexi Care: Flexi Care is a new Care at Home Service. It is open to anyone with an identified care need through self-directed support. The service can provide assistance between 8.00pm and 2.00am; respite care; personal care; social interaction; domestic chores.

Opening hours: Housing Support is open Monday to Friday 9-5, answering machine outside these times.

Flexi Care is available to suit the needs of the individual. Office hours are Monday to Friday 9-5.

Contact information:

Name: Housing Support- Richard Howat Flexi Care- Pauline Clark

Address: East Wing, Swan House, 2 Explorer Road Dundee DD2 1DX

Phone: 01382 561822 **Email:** richardhowat@positivesteps.org.uk
PaulineClark@positivesteps.org.uk

Website: www.positivesteps.org.uk

R.O.C.K Street Chaplains

Name of the faith community that it is linked to: It is a ministry of Urban Impact Christian Ministries (UICM). The street Chaplains are made up of volunteers from churches across Dundee.

Aimed at: People working in and attending the clubs and bars in the city centre

Geographical area of Dundee that the project serves: Dundee City Centre

The project: R.O.C.K Street Chaplains started in Dundee in 2000. We work on the streets at night talking to people who work in and attend the clubs and bars in the city. We aim to make a contribution to the safety and well-being of people on the streets, offering care, compassion and relevant practical and spiritual help where appropriate to members of the public at night.

Opening hours: Street Chaplains are in Dundee City Centre from 10.30pm 'til 2am on Wednesday, Friday and Saturday nights.

Once a month on a Friday night we have what we call REHAB where we give out Tea, Coffee Hot chocolate and Water to the clubbers from 2.30am to 4.30am

Contact information for anyone who wishes to find out more:

Name: Andrew Burns

Address:

Phone: 07914 751466

Email: nco2005@blueyonder.co.uk

Website: <http://dundeerockstreetchaplains.co.uk/>

RockSolid Youth Project

Name of the faith community that it is linked to: Douglas and Mid Craigie Parish Church

Aimed at: Local children and young people

Geographical area that the project serves: East End, particularly Craigiebank, Douglas & Mid Craigie

The project: The project engages with local young people, building positive relationships with them and supporting them in their personal development while providing a safe and nurturing environment for them. RockSolid runs children's groups, youth groups, detached youth work and other activities. We encourage young people to take collective ownership of the groups and activities they participate in.

There are various activities offered at the groups for young people to take part in. These can include arts & craft, baking and cooking, sport, and other activities. We also explore issues faced by young people through interactive sessions/discussions. Children and young people are always welcomed and leaders are always available to listen to them, their concerns, problems, wants and needs.

Opening hours: Weekly Groups run:

RockSolid #Craigiebank	Monday 7.30 – 9.00pm Craigiebank Church Halls
RockSolid Afterhours	Wednesday 4.00 – 5.30pm Douglas & Mid Craigie Church
RockSolid Afterhours	Thursday 4.00 – 5.30pm Douglas & Mid Craigie Church
RockSolid	Friday 7.30 – 9.00pm Douglas & Mid Craigie Church

One to one's available by appointment.

Contact information:

Name: Neil Campbell

Address: Douglas and Mid Craigie Parish Church, Balbeggie Place, DD4 8RD

Phone: 01382 731173

Email: neil@rocksolid.org.uk

Website: <http://www.rocksolid.org.uk>

The Salvation Army

Name of the faith community that it is linked to: It is a Christian organisation

Aimed at: We are a three pronged project which consists of Church, Direct Access Homelessness Service and Resettlement Unit and we aim to meet the spiritual, physical and emotional needs of the people of the City of Dundee.

Geographical area of Dundee that the project serves: Homelessness and Drop In Services are located in the City Centre – Ward Road and Milnes East Wynd.

The Salvation Army have two Corp – Dundee Central and Menzieshill

The project:

Strathmore Lodge Lifehouse

25 bed Lifehouse offering single accommodation to Homeless people within the City.

Burnside Mill Resettlement Project

20 single one bed flats offering a programme of support to residents who have been assessed in 'Direct Access' who need support in developing skills to equip them to sustain a tenancy of their own in the future.

Dundee Central Corps

Sunday worship at Lochee Baptist Church, Bright Street, at 11am

Wednesday Cameo Club – at 1.30pm at Gatehouse, Strathmore Lodge

Wednesday Bible Study – at 7.30pm at Gatehouse, Strathmore Lodge

Drop In - at 7.00-8.30pm at Strathmore Lodge

Dundee Menzieshill Corps

Sunday worship at Thurso Crescent at 10.45am

Tuesday Lunch Club at 12.30pm

Tuesday Friendship Club at 1.45pm

Opening hours: Both Strathmore Lodge and Burnside Mill are a 24/7 Service.

Contact information:

Strathmore Lodge: **Name:** Mrs Pamela Grant (Service Manager) **Phone:** 01382 225448

Burnside Mill: **Name:** Mrs Pamela Grant (Service Manager) **Phone:** 01382 203278

Dundee Central Corps:

Name: Captains David & Susan Tidball **Phone:** 01382-826889

Emails: william.tidball@salvationarmy.org.uk, susan.tidball@salvationarmy.org.uk

Dundee Menzieshill Corps:

Name: Territorial Envoys Craig & Fiona McKinstry **Phone:** 01382-889532

Emails: craig.mckinstry@salvationarmy.org.uk, fiona.mckinstry@salvationarmy.org.uk

Websites: http://www.salvationarmy.org.uk/nsc/Dundee_Central

http://www.salvationarmy.org.uk/nsc/Dundee_Menzieshill

Signpost International

Name of the faith community that it is linked to: Christian community, though not a specific Church

Aimed at: The local community

Geographical area that the project serves: Hilltown/Coldside

The project: Signpost International is an international development agency with a Christian basis, with its headquarters based at the Mark Henderson Centre in Dundee's Hilltown.

Signpost International is committed to helping facilitate and organise community events that bring people together through community festivals, helping to involve local people in decision-making processes and by developing creative approaches to encourage communities to generate ideas for community planning.

Signpost has made the Mark Henderson Centre available to many different groups and organisations, all with a similar vision for community outreach and inclusion. It is now the base for groups that include: the Hilltown Parent & Toddler group, the Hilltown community garden, Dundee North Law free legal services, a community health service, Narcotics and Families Anonymous, the Changing Horizons youth arts group, various church groups and clubs that focus on physical activities such as dance and Tae Kwando.

Signpost works to combat poverty and the causes of poverty in disadvantaged communities around the world and, as well as working in Dundee, is currently working with poor communities in the Philippines, India and Uganda, offering empowerment and support to bring about community-driven change.

Opening hours: The Mark Henderson Centre is open from 9am – 5pm Monday to Friday, and at other times outwith these hours for various groups and meetings.

Contact information:

Name: Kerry Dixon

Address: The Mark Henderson Centre, Ann Street, DD3 7TH

Phone: 01382 660072

Email: kerry@signpost-international.org

Website: www.signpost-international.org

Society of St. Vincent de Paul (SVDP)

Name of the faith community that it is linked to: Roman Catholic Church

Aimed at: Anyone in need

Geographical area of Dundee that the project serves: City wide

The project: The SVDP is an international Christian voluntary organisation dedicated to tackling poverty and disadvantage by providing practical assistance to those in need –

irrespective of ideology, faith, ethnicity, age or gender. It was founded in Paris in 1833. It has Active Branches (or “Conferences”) serving around 150 countries world-wide. The main work of the volunteer members is to befriend and assist individuals and families in need on a person-to-person basis, through visits to domestic residences, care homes, hospitals, prisons and other institutions.

The first Dundee Conference aggregated to the Society in 1863 at St. Andrews Roman Catholic Church, Nethergate. We focus upon the relief of the poor and needy allied to the spiritual growth of its members. We currently have 8 Conferences across Dundee (7 Parishes + University).

Our special projects include provision of second-hand donated items of furniture /household goods; providing families with a holiday through our Caravan Project; and small Food Bank type operations. We are funded entirely by voluntary donations and member’s contributions.

Opening hours: N/A

Contact information:

Please contact your local Roman Catholic Church or FiCD for further information

Website:

St. Andrews Family Support Project

Name of the faith community that it is linked to: St. Andrews Parish Church

Aimed at: Families who are vulnerable and socially isolated because the parents are aged 21 years and under.

Geographical area that the project serves: Based in City centre, serving people from across the city

The project: It is our aim to encourage and support young parents, 21 years and under, and their children, as individuals and in families.

The project supports families in a number of ways: Parents are supported to develop positive interactions and play skills with their children; Children are valued as individuals and their parents are empowered to promote the well-being of their children, mentally, spiritually and physically, including access to services and statutory support if needed; Families are able to learn through interaction, such as play, art, craft, cookery, expressive arts, music etc. and have enriched lives through those experiences; Parents and their children are helped to recognise their full potential as individuals and become valued and accepted contributors to the community; Those able to move to employment, education or other volunteering opportunities are supported to do so; Those able to move from receiving support from the project to giving support as parent-volunteers are enabled to do so.

Weekly activities include: Monday Play and learn crèche, for parents to access training and learning at Hype project at Helm Training; Tuesday a parents to be group; Wednesday and

Thursday family support group for parents and children; and Friday Tots time toddler group run by former parents for those aged 22 and over.

Opening hours: See website for times of activities

Contact information:

Name: Sue Rayner

Address: St Andrews Parish Church, 2 King Street, DD1 2JB

Phone: 01382 224860

Email: parishproject@btconnect.com

Website: www.standrewsfamilysupportproject.co.uk

Starter Packs Dundee

Name of the faith community that it is linked to: Dundee churches

Aimed at: Individuals and families who are unable to provide themselves with the basic household goods as they prepare to take on a tenancy or rebuild a home after a crisis

Geographical area that the project serves: City-wide

The project: Starter Packs Dundee was set up in 2000 to provide the churches with the opportunity to make a direct response to homelessness and poverty in Dundee by working collaboratively, collecting goods and volunteering to make up Starter Packs. It assists individuals and families who are unable to provide themselves with basic household goods and bedding as they prepare to take on a tenancy or rebuild a home after a crisis. We hope with our help they can make a house a home, sustain their tenancies and rebuild their lives.

Opening hours: 9.30am – 3pm Tuesday to Thursday, 10am – 12 noon Friday

Contact information:

Name: Pat Motion, Convenor

Address: 40 Perth Road, DD1 4LN

Phone: 223977

Email: starterpacks_dundee@btconnect.com

Website: www.starterpackdundee.org.uk

Stay and Play Family Support Group

Name of the faith community that it is linked to: St. Ninian's Scottish Episcopal Church

Aimed at: Families who are vulnerable and socially isolated in the Mid Craigie/Linlathen area of Dundee

Geographical area that the project serves: Linlathen, Mid Craigie and Douglas

The project: St Ninian's Stay and Play Family Support Group is trying to reach out to and support isolated families with children aged 0-5 years, who are distressed not only by poverty, income inequalities and mental health problems but may also suffer from abuses like drugs, alcohol and physical violence. We are supporting people who have not engaged with the statutory services.

The church worship area is transformed each Monday and Tuesday into a large, well equipped playroom with a wide range of activities to suit all ages and stages of development. Children's social, emotional, physical and intellectual development are all considered when weekly activities are planned and set up. Activities for all and sessions specifically for parents are organised termly and are provided to enhance and develop skills, encourage confidence and wellbeing. At lunchtimes the area is converted into a dining room where we provide free healthy lunches for all. We also promote healthy eating and once a month offer cooking sessions for the parents and children.

We invite statutory and voluntary bodies to the group including language therapy, pre-school home visiting service, social work, adult literacy, Dundee Women's Aid and Money Matters.

Opening hours: The group runs between 10.30am and 2.30pm Mondays and Tuesdays

Contact information:

Name: Rhona Armitage

Address: St. Ninian's Church, Kingsway East, DD4 7RW

Phone: 07947 897893

Email: cooriekiminca@tiscali.co.uk

Website: <http://www.stniniansfamilysupportgroup.btck.co.uk/>

St. Salvador's Drop In

Name of the faith community that it is linked to: St. Salvador's Episcopal Church

Aimed at: Anyone from the community who is in need of food and a warm welcome.

Geographical area that the project serves: Coldside

The project: Every Sunday afternoon from 01:15 to 02:15 pm, the doors are open to anyone from the neighbourhood in need of food and a warm welcome. Food is served and a modest bag of groceries is given to each and every one. There is companionship and friendship, and a listening, compassionate ear is always there for any who is needing to talk. A priest or minister is on hand for the bereaved or anyone who seeks that contact. Information about helplines, benefit problem solving and for specialist problem centres is available.

Opening hours: The Drop In runs from 1.15pm to 2.15pm every Sunday

Contact information:

Name: Father Clive Clapson

Address: St Salvador's Rectory, 9 Minard Crescent, DD3 6LH

Phone: 01382 221785

Email: father.clive@blueyonder.co.uk

Website: Church website <http://www.stsalvadors.com/>

Tayside Hindu Cultural and Community Centre

Name of the faith community that it is linked to: Hindu community

Aimed at: Hindu's and other ethnic minority communities. Also the elderly from the Hindu and wider community.

Geographical area of Dundee that the project serves: Based in the West end of the city. However as this is the only Hindu temple in the North East of Scotland people come from across Dundee and from other cities.

The project: There is religious activity every Sunday at the centre, and a lunch club which provides a hot vegetarian lunch which is based on cultural and dietary needs of the Hindu community. There are classes for discourse on Bhagavad Gita (religious script).

A hot meal is provided at the Women's club which runs once a fortnight on a Saturday.

The centre is a space for socialising especially for the elderly from the Hindu and wider community. It provides a space for those who would otherwise be marginalised to meet and socialise.

The centre is used by different ethnic communities for Social and Cultural festive celebrations.

School visits are facilitated to enable young people to gain an insight into Hinduism.

Opening hours: Sunday 11.30-3.00pm, Saturday (when Women's club is on)

Contact information:

Name: Kalpana Gale or Naina Penman

Address: 10 Taylor's Lane, Dundee, Angus DD2 1AQ

Phone:

Email: elag01@live.co.uk or naina4@btopenworld.com

Website:

Yusuf Youth Initiative (YUI)

Name of the faith community that it is linked to: Muslim community

Aimed at: Muslim young people

Geographical area that the project serves: City wide

The project: The Yusuf Youth Initiative (YUI) was set up in 2004 by a group of young enthusiasts driven by the desire to work for their community & the world. Our vision is to develop effective leaders who inspire positive change in Society. We provide enriching programs that encourage young people to grow, strive and become change makers in a vibrant and changing society.

We run the following projects;

Change Makers is an online portal and outreach programme which aims to empower BME (Black and Minority Ethnic) young people through providing them with information and support on employment, volunteering and training opportunities, enabling them to be active participants of society. (www.iwantchange.org.uk)

Future Leaders Academy is an after school club aimed at providing a balanced and comprehensive education that promotes spiritual, personal, physical, moral and social growth in a safe Islamic environment, founded on strong Islamic values and identity that reaches beyond the classroom into wider society. (www.flacademy.org.uk)

Dundee 62nd (YYI) Scouts group is new scouts group in Dundee aimed primarily at Muslim Young people (although not exclusive). The Scouts group will follow Islamic ethos and values and will also be a member of the UK Muslim Scout Fellowship.

Taught by Muhammad is an outreach programme aimed at living the Islamic message of justice, tolerance and equality. We are looking to provide a regular soup kitchen, a halal food bank and a school programme. We hope to bridge understanding between the Islamic faith and Scottish culture. (www.taughtbymuhammad.com)

Opening hours: Monday–Friday 9:30am-4:30pm (Future Leaders Academy is open until 5:45pm)

Contact information:

Name: Faisal Hussein

Phone: 01382 226691

Website: www.yyi.org.uk

Address: 34 Bellfield Street, Dundee, DD1 5HZ

Email: faisal.hussein@yyi.org.uk